

# 10 THINGS YOU CAN DO...

- Be an active bystander. ●
- Support survivors of sexual and intimate partner violence. ●
- Educate yourself on the issues surrounding sexual assault, intimate partner violence, & stalking. ●
- Volunteer your time. For more information about opportunities, visit [care.ucdavis.edu](http://care.ucdavis.edu). ●
- Participate in awareness month activities. ●
- Know the resources available in your community. ●
- Learn about healthy relationships. ●
- Pledge to never commit or condone any acts of violence. ●
- Know that you have the power to make a difference. ●